



Do Better Foundation

Let's create some good vibes...



Do Better Foundation is a non-profit organization committed to the holistic development of society, environment and secular in nature. Operating in the settlements colonies of Delhi

This organization helps in education and spreading awareness between in helpless children and women, helpless animals by feeding them and also contributes to improve the nature by plantation and spread awareness.

About us

Do Better is committed to the mission of making the underprivileged and vulnerable sections of the society self-reliant and building an inclusive society. Do Better Foundation is established by 5 friends from Delhi and started working from 01-06-2022.

Do Better Foundation is legally registered as a Trust under Indian Trust Act 1882.

Do Better Foundation also have different certification for doing social service work as per government policy, like NGO registration certificate, PAN card, 80G, 12A.

Our Intervention:-

Do Better Foundation have Several programs going on right now.

- I. Education
- II. Awareness Programs
- III. Women Empowerment



Our Intervention

Do Better Foundation is currently working in two areas of Delhi. Sri Niwas Puri in South Delhi and Dallupura in East Delhi

In both these places, Do Better Foundation is working for children and women. We are doing the work of making them capable in the society and making them aware of their rights. Efforts are being made to make them strong through free education and skill training programs.

Mission

To provide timely and meaningful support to needy children, women & Senior Citizens by effectively implementing projects in the area of Health, Education and Nutrition, which have a sustainable, cost effective and positive impact on society & Environment.

Vision

Giving wings to the hopes and aspirations of underprivileged and empowering them to a better tomorrow.



I. Educate Children.

Every child is a different kind of flower, and together they make this world a beautiful garden.

Even today there are many such children in the society who are untouched by education and awareness and there are many such children who are not able to understand the level of their education



and they also lack awareness .They are deprived of their rights.

We have a small effort to rectify these reasons, in which we are providing education to the children, providing necessary materials for studies and also organizing awareness programs. We are also enrolling the children in the school.

II. Educate Women

Perceptions of adult women and housewives on adult education and educational training programs affect their effectiveness.

The objective of women empowerment is to motivate uneducated adult women and housewives towards education programs and make them capable in the society.

Do Better Foundation has started adult education for housewives where they are getting basic education, understanding about social activities and awareness about their rights



Awareness Programs



I. Save Environment

The Do Better Foundation has been taking small initiatives to contribute to our nature. We spread awareness among people to stop wastage of water and plant trees. be nature friendly

Do Better Foundation has also planted trees and distribute as well spread awareness to keep and stay in clean and is motivating them to plant trees, save water, Create a green and clean environment.



II. Welfare of Animals

Man has the wisdom to use animals to his advantage. Humans use animals in many ways. Sometimes, human beings make their service animals go far beyond the limits of human instinct by abusing them. Animals are being beaten and starved every day, and millions of helpless animals die every year due to cruel people.



We are trying to stop this cruel and helpless animal like roadside cows, stray dogs, birds etc. We are feeding them and we do whatever we can for them..



III. Health & Hygiene

The overall physical, social and mental well-being of a person is referred to as their "state of health". According to the World Health Organisation, health refers not only to the goal of living, but also to the means of supporting daily life. To maintain our health, we should adopt cleanliness. By maintaining good hygiene our immune system develops and our body can be protected from diseases. Health requires a diet that is balanced and rich in nutrients. The important minerals and vitamins that we need are present in fruits and vegetables. Drinking enough water helps to remove toxins. In addition, cleanliness is important. Regular bathing and wearing clean clothes help us maintain better hygiene. Personal hygiene can be improved by frequent hand washing, nail clipping, and brushing and flossing teeth every day. Since it helps our organs function properly and flush out toxins, pure drinking water is essential to keep us hydrated..



IV. Gender Awareness

Gender awareness is an understanding that there are socially determined differences between women and men based on learned behavior. These affect their ability to access and control resources.

Gender equality can sometimes feel like a complicated issue. Kids these days may have



complicated issue. Kids these days may have questions about something they see on social media. But as a parent, even the smallest things can make a difference and help your child feel understood.

To increase their society further, children of both sex were made to sit together and the equality of both the sex was explained in the society, so that in future they should not differentiate between a boy or a girl.

WOMEN EMPOWERMENT

We believe that every woman has the right to live a life free from discrimination and inequality. In India's underprivileged society, women face numerous challenges and barriers to achieving their full potential, and we are committed to addressing these challenges through our programs and initiatives.

The Do Better Foundation has started two life skills training programs for female:-

1. Cutting and Tailoring
2. Beauty Culture

This training programs are free and 6 month period certificate programs.

Cutting and Tailoring



Beauty Culture



Health Check-Up

We serve and organize regular free health check up service to provide essential health services and promote health awareness. this health checkup offer a range of services, including health check-ups, screenings, and health education sessions.

Regular health check-ups are essential for maintaining good health. this health checkup provide access to healthcare services for individuals who may not have easy access to medical facilities. We offer check-ups for blood pressure, blood sugar, and other common health parameters.



In addition to health check-ups, our health camps also offer health education, hygiene practices and physical fitness sessions to promote health awareness and encourage healthy behaviors.

Overall, this health checkups are an important aspect of our mission to improve the health and well-being of underserved communities. By providing access to healthcare services, promoting health awareness, and encouraging healthy behaviors, we hope to empower individuals to lead healthy and fulfilling lives.



FUTURE PLAN

A. Life Skill training.

>Computer Course

(We will start basic computer courses for those people who have never worked in computer and are eager to know computer knowledge. We will start these courses for kids and adults and old age people.)

>Cutting & Tailoring

(There is a plan to start cutting and tailoring vocational courses for women as well as to provide necessary equipment on Large scale in India. so that they can learn from it and start a career in this field.)

B. Environment Protection.

(Plan to plant more and more trees and work to spread awareness among people to plant trees and keep their area and environment clean.)

C. Help Assistant Program for helpless animal.

(Planning to launch Assistance Program for helpless animals on a large scale.)





Fund

The Do Better Foundation is currently funded by its own trustees.

Request

We need more fund as help to start above mentioned future plan. We need your support to move forward. You can support us for the following themes. Your support inspires us more and more.



Educate Children



Educate Women



Awareness



Women Empowerment



Health Check-up

Appeal For Donation

- * You can give your contribution in our future plan according to your own.
- * You can sponsor a day trip for children or women or both of your choice and arrange transport service for them.
- * You can arrange food or snacks for all the beneficiaries of Do Better Foundation.
- * By donating some amount, you can help us in furthering the skill of children or women.
- * Health camps can also be organized whose benefits can be taken by the people.
- * You can also help children and women by giving them study material for their education or essential goods.
- * You can help the helpless animals by donating in the form of cash or essential items. So that we can serve the animals by planning to help them with that amount.

You can donate through Cheque, NEFT, UPI or CASH in favour of Do Better Foundation by making Payment through Punjab & Sind Bank , Branch Siddhart Enclave, Ashram Chowk, Delhi-110014.

Account Name: DO BETTER FOUNDATION

Account Number-06121000102382

IFSC : PSIB0000612

MICR: 110023047

PAN: AAETD1184E

UPI ID: 9667359677@psbpay



All donation are exempted under section 80g of the income tax act of 1961



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